

**CUHK-OLC Surgeon Education Program:  
The 29<sup>th</sup> AADO-OLC Comprehensive Bioskill Course on Fracture Fixation  
Special Theme: Upper Limb Injury  
25-26 April 2015**

**Orthopaedic Learning Centre  
1/F Li Ka Shing Specialist Clinics North Wing, Prince of Wales Hospital, Hong Kong**

**Course Chairmen:**

**Dr Ning Tang** Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital  
**Dr Kin-bong Lee** Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital

**Local Faculty:**

**Dr Tim King-him Chui** Resident Specialist, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital  
**Dr Kwong-yin Chung** Associate Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital  
**Dr Ivan Ka-chun Ip** Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital  
**Mr Benjamin Lau** Physiotherapist, Physiotherapy Department, Prince of Wales Hospital  
**Ms Elvis Tsz-yan Ng** Occupational Therapist, Occupational Therapy Department, Prince of Wales Hospital  
**Dr Iris Sze-ling Ngai** Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital  
**Dr Wai-leung Sha** Associate Consultant, Department of Orthopaedics and Traumatology, Tuen Mun Hospital  
**Dr Lung-fung Tse** Associate Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital  
**Dr Chi-yin Tso** Associate Consultant, Department of Orthopaedics and Traumatology, Prince of Wales Hospital  
**Dr Hon-for Tsui** Associate Consultant, Department of Orthopaedics and Traumatology, Tuen Mun Hospital  
**Dr Edmund Chun-wa Wong** Consultant in Private Practice, Orthopaedics and Traumatology  
**Dr Yau-bun Wong** Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital  
**Dr Gary Wing-hang Yip** Associate Consultant, Department of Orthopaedics and Traumatology, Queen Elizabeth Hospital

**25 April 2015**

<b>08:00-08:15</b>		<b>Registration</b>
08:15-08:30	Welcome	Dr N Tang
08:30-08:45	Clavicle Fracture and ACJ Injury	Dr Gary WH Yip
08:45-09:15	Proximal humerus fracture (plating vs. nailing vs. arthroplasty)	Dr Edmund CW Wong
09:15-09:45	Complex fracture dislocation around shoulder	Dr YB Wong
09:45-10:00	Humeral shaft fracture	Dr WL Sha
10:00-10:15	Distal humeral fractures	Dr N Tang
10:15-10:25	Case Discussion + Q&A	All
<b>10:25-10:40</b>		<b>BREAK</b>
10:40-11:00	Complex elbow fracture dislocation (instability)	Dr HF Tsui
11:00-11:20	Complex elbow fracture dislocation (stiffness)	Dr N Tang
11:20-11:40	Case Discussion + Q&A	Dr HF Tsui / Dr N Tang
<b>11:40-12:40</b>		<b>LUNCH</b>
12:40-13:10	Workshop I (Deltpectoral approach+ locking plate)	Dr N Tang / Dr KY Chung
13:10-14:10	Workshop II (Transdeltoid approach+ IM nail insertion approach demo + CC screw)	Dr Edmund Wong Dr Tim KH Chui
14:10-15:1	Workshop III (Anterior plating to humerus)	Dr N Tang / Dr KY Chung
<b>15:15-15:30</b>		<b>BREAK</b>
15:30-16:15	<u>Workshop IV</u> (Antero-lateral approach to humerus)	Dr CY Tso / Dr KY Chung
16:15-17:15	<u>Workshop V</u> (Posterior approach + olecranon osteotomy +distal humerus plating)	Dr CY Tso / Dr N Tang
17:15-17:30	Q&A	All
<b>BANQUET</b>		

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**26 April 2015**

<b>08:15-08:30</b>		<b>Registration</b>
08:30-08:50	Radial head fracture and Olecranon fractures	Dr Iris SL Ngai
08:50-09:10	Forearm fracture	Dr LF Tse
09:10-09:30	Distal radius and ulna fracture	Dr CY Tso
09:30-09:45	UL braces and functional assessment	Ms Elvis TY Ng
09:45-10:00	UL physiotherapy and rehabilitation	Mr Benjamin Lau
10:00-10:15	Case Discussion + Q&A	All
<b>10:15-10:30</b>		<b>BREAK</b>
10:30-10:45	Complications of UL injury	Dr LF Tse
10:45-11:45	<u>Workshop VI</u> (Volar and dorsal plating distal radius)	Dr CY Tso
11:45-12:00	Q&A	Dr N Tang
<b>12:00-13:15</b>		<b>LUNCH</b>
13:15-14:15	<u>Workshop VII</u> (Thompson approach and Henry approach)	Dr Iris SL Ngai Dr Ivan KC Ip
14:15-15:30	<u>Workshop VIII</u> (Kocher approach, Hinge elbow external fixation)	Dr LF Tse Dr Tim KH Chui
15:30-16:30	<u>Workshop IX</u> (Bridging and Non-bridging external fixation)	Dr LF Tse Dr Tim KH Chui
16:30-17:00	Q&A, Case discussion- Participants	Dr LF Tse
17:00-17:30	Course Assessment and Conclusion	Dr KB Lee

**Remarks:**

- 1) Pre-course cadaveric dissection instruction and implant manual will be sent to individual participant two weeks before the course
- 2) Participants are encouraged to bring at least one clinical case for discussion using standard PowerPoint template